



SUQA

SPA

MENU PRICELIST

www.vijeboutiqueresort.com



Our Story

SUQA, inspired by the Sanskrit word 'sukha' meaning true happiness and complete well-being, represents a modern sanctuary where ancient wisdom meets contemporary healing. Here, time-honored Balinese healing traditions blend seamlessly with mindful wellness practices to create transformative experiences that touch body, mind, and soul. Each journey - whether through sacred rituals, mindful movement, or healing practices - is guided by dedicated practitioners who carry forward the wisdom of generations.

Born from a family's resilience and vision during challenging times, SUQA has emerged as more than a wellness space - it's a healing sanctuary where ancient wisdom flows into contemporary practices. In this sacred space, every guest's path to well-being is honored through authentic Balinese traditions, conscious movement, and transformative rituals.



SACRED SPA RITUALS

VJE Heritage Treatment Journey

Embark on our most luxurious wellness journey, where ancient traditions unite in perfect harmony. This complete body revival combines our signature techniques for the ultimate expression of Balinese healing arts, culminating in a serene flower bath that awakens both body and spirit.

Inclusions:

Foot Bath Ritual,
Traditional Balinese Massage,
Puspa Blossom Scrub,
Sacred Rose Radiance Facial,
Luxurious Floral Milk Bath,
Restorative drink and healthy Balinese snacks (Enjoy during bath ritual).

2 hours 30 minutes

IDR 1.800.000 ++/pax

IDR 3.250.000 ++/couple



Tropical Treatment

Immerse yourself in a refreshing tropical-inspired escape designed to relax, cleanse, and rejuvenate. This invigorating ritual blends aromatherapy with natural botanicals, revitalizing your body from head to toe. A soothing milk bath with citrus essences completes the journey, leaving your skin nourished and your spirit uplifted.

Inclusions:

Foot Bath Ritual,
Aromatherapy Massage,
Serenity Herbal Scrub,
Cooling Body Mask,
Kintamani Tangerine Milk Bath Ceremony,
Restorative drink and healthy Balinese snacks (Enjoy during bath ritual).

2 Hours

IDR 1.500.000 ++/pax

IDR 2.750.000 ++/couple

Herb Ritual Package

Experience the deep healing power of Indonesian herbal traditions. This therapeutic journey features a warm compress massage and a revitalizing Boreh body wrap to soothe muscles and boost circulation. The treatment concludes with a refreshing bath infused with lemongrass and mint, restoring clarity to body and mind.

Inclusions:

Foot Bath Ritual,
Herbal Compress Massage,
Seaside Citrus Body Mask,
Lemongrass Infused Mint Bath Ceremony,
Restorative drink and healthy Balinese snacks (Enjoy during bath ritual).

2 Hours

IDR 1.500.000 ++/pax

IDR 2.750.000 ++/couple



BODY WORKS MASSAGE

Traditional Balinese

Experience a traditional Balinese massage that combines stretching, long strokes, skin rolling, and deep pressure using palms and thumbs. This treatment helps restore energy balance, improve blood circulation, and relieve stress concluded with a refreshing facial massage

Inclusions:

Herbal foot bath,
Traditional balinese massage,
Restorative drink and healthy Balinese snacks.

60 Minutes IDR 450.000 ++/pax 90 Minutes IDR 675.000 ++/pax

Deep Tissue

Perfect for those with tense and overworked muscles, this massage applies firm pressure and warm spice-infused oil to increase circulation and encourage deep relaxation. Finished with a revitalizing facial massage.

Inclusions:

Herbal foot bath,
Deep tissue massage,
Restorative drink and healthy Balinese snacks.

90 Minutes IDR 760.000 ++/pax

Hot Stone

Let the warmth of river stones gently ease muscle tension, improve circulation, and soothe chronic pain. This deeply relaxing treatment ends with a refreshing facial massage to leave you fully renewed.

Inclusions:

Herbal foot bath,
Traditional balinese massage,
Restorative drink and healthy Balinese snacks.

90 Minutes IDR 760.000 ++/pax



Aromatherapy

A calming treatment using fragrant essential oils and long, flowing strokes to relax the body and uplift the spirit. An oil burner enhances the soothing ambiance. Concludes with a cooling facial massage.

Inclusions:

Herbal foot bath,
Aromatherapy massage with warm oil,
Restorative drink and healthy Balinese snacks.

60 Minutes IDR 450.000 ^{++/pax}

90 Minutes IDR 675.000 ^{++/pax}

Herbal Compress

Feel the healing warmth of a traditional herbal compress filled with tamarind, ginger, cinnamon, and clove. This massage focuses on relieving stress, stimulating energy flow, and improving circulation, ending with a rejuvenating lemongrass and herb milk bath.

Inclusions:

Herbal foot bath,
Back massage with herbal compress,
Milk bath infusion,
Restorative drink and healthy Balinese snacks.

90 Minutes IDR 760.000 ^{++/pax}



BODY SCRUB

Balinese Tropical

Indulge in the gentle care of our Balinese Tropical Body Scrub, inspired by the island's traditional beauty rituals. This treatment blends finely grated coconut with natural exfoliants and tropical herbs to softly polish the skin, removing dullness and impurities.

45 Minutes IDR 400.000^{++/pax}

Serenity Herbal

A traditional Balinese remedy crafted from a blend of natural herbs and spices such as clove, ginger, cinnamon, and rice powder. This invigorating scrub gently exfoliates the skin while, provides a deep warming sensation that promotes relaxation, eases fatigue, stimulating blood circulation and relieving muscle tension.

45 Minutes IDR 400.000^{++/pax}

Puspa Blossom

Infused with the aromas of exotic tropical flowers, this purifying body scrub cleanses and tones the skin. Organic sea salt is a natural exfoliant that helps slough away tired skin cells and other impurities. Botanical extracts of hibiscus, jasmine, and ylang-ylang nourish the skin and leave it lightly fragranced.

45 Minutes IDR 400.000^{++/pax}



BODY WRAP

Seaside Citrus Body Mask

Seaside Citrus Body Mask. This silky body mask contains all-natural botanical extracts of grapefruit oil, rosemary and lemon extract for a citrusy, herbaceous aroma. Each ingredient was chosen for its skin nourishing effects. Skin is left feeling cleansed, refined and deeply refreshed

30 Minutes IDR 350.000^{++/pax}

Cooling Body Mask

Feel the heat escape your sunburnt body with a blend of fresh cucumber, honey and yoghurt. and finish off with an application of lavender and aloe Vera gel for a soothing result.

30 Minutes IDR 350.000^{++/pax}



BATH RITUAL

Luxurious Floral Milk

Royal bathing experience infused with essential oils and exotic flower petals. This indulgent floral soak pampers the skin, soothes the senses, and brings your spa journey to a romantic and memorable close.

30 Minutes IDR 450.000 ^{++/pax}

Lemongrass Infused Mint

Rejuvenate with a cooling blend of lemongrass and fresh mint leaves. Known for their purifying and refreshing qualities, these botanicals help cleanse the skin and awaken the senses. Enhanced with Balinese flower petals, this bath leaves you feeling renewed and uplifted.

30 Minutes IDR 450.000 ^{++/pax}

Kintamani Tangerine Milk

Delight in a detoxifying bath ritual inspired by Bali's highland harvest. Featuring local lemons, sweet Kintamani oranges, cucumber, and Balinese flowers, this refreshing soak stimulates the senses and revitalizes the body.

30 Minutes IDR 450.000 ^{++/pax}



BEAUTY ENHANCER

Sacred Rose Radiance Facial

A hydrating facial using Rose Radiance Facial Hydrate to soothe, nourish, and restore glow. Includes Gua Sha massage to lift and drain puffiness, plus a relaxing hand and scalp massage. Finished with sacred spring water for a deeply refreshing and rebalancing experience.

30 Minutes IDR 550.000 ^{++/pax}



WELLNESS

Dawn Yoga Routine

Start your day right. How about a morning yoga session under our Pendopo Space."Dawn Yoga Routine" is a structured yoga practice intended to be performed in the early hours of the morning, focusing on awakening and preparing the body and mind for the day ahead. Whether you are a beginner or a super pro, our local yoga instructor will get you into the flow. Please contact our Guest Service for details of the schedule by dialing "0".

60 Minutes IDR 450.000^{++/pax}

90 Minutes IDR 675.000^{++/pax}

Purwani Yoga

Purwani Yoga is a sacred wellness ritual performed during the full moon night, embracing the spiritual energy and cosmic alignment that the full moon symbolizes in Balinese tradition. The term Purwani comes from the Sanskrit word meaning "pure devotion," and this yoga session is designed to awaken inner peace, gratitude, and spiritual clarity. Set in a serene outdoor space under the moonlight, the session blends gentle yoga movements, mindful breathing, and meditative silence. Participants are invited to connect with nature, release emotional burdens, and recharge their energy in alignment with the lunar cycle. This unique experience offers not just physical benefits but also emotional and spiritual healing, honoring the Balinese belief in living harmoniously with the rhythms of the universe.

Private:

60 Minutes IDR 550.000^{++/pax}

Package:

90 Minutes IDR 1.200.000^{++/pax}

Inclusions:

Purification,
Yin Yoga,
Traditional Balinese massage,
Restorative drink and healthy Balinese snacks.



Sound Healing

Our Sound Healing sessions blend ancient instrumentation with contemporary wellness science. Each session layers gongs, crystal bowls, and other resonant tools into an immersive soundscape designed to entrain the brain into theta states—the same frequencies associated with deep meditation and cellular repair. These vibrations ripple through the body's 70% water composition, interacting at a molecular level to support balance, release, and renewal.

Private:

90 Minutes IDR 1.750.000 ^{++/pax}

Package:

120 Minutes IDR 2.250.000 ^{++/pax}

Inclusions:

Sound Healing (60 minutes),
Traditional Balinese massage (60 minutes),
Restorative drink and healthy Balinese snacks.

Chakra Cleansing

Chakra cleansing massage combines the principles of traditional massage therapy with techniques aimed at aligning and balancing the body's chakras with singing bowl. This type of massage focuses not only on physical relaxation but also on promoting energy flow and harmony throughout the body.

Private:

90 Minutes IDR 1.750.000 ^{++/pax}

Package:

120 Minutes IDR 2.250.000 ^{++/pax}

Inclusions:

Meditation
Consultation by Balinese Healer,
Traditional Balinese Massage (60 minutes),
Restorative drink and healthy Balinese snacks.



BALINESE PURIFICATION

Melukat

Melukat ceremony is a ritual to cleanse the body - both spiritually and physically, from our present life as well as past lives, from the negative elements by washing the body in holy water. Our ritual takes place in the Pura Gunung Kawi Sebatu nearby the resort. Feeling lighter, clearer, and fully re-energized. Melukat is a profound reset button for the soul, helping to restore harmony your mind

Private:

90 Minutes IDR 1.000.000 ++/pax

Inclusions:

Temple & Purification knowledge,
Purification ceremony,
Restorative drink and healthy Balinese snacks.

Package:

120 Minutes IDR 1.500.000 ++/pax

Inclusions:

Temple & Purification knowledge,
Hot stone massage,
Purification ceremony,
Restorative drink and healthy Balinese snacks.



Jalan Suweta Bentuyung, Ubud-Bali
reservation@vijeboutiqueresort.com
www.vijeboutiqueresort.com

 @suqa.spa

Scan Here
for Reservation

 +62 811 3811 7614

